

WELCOME FROM THE FRY BROS FAMILY

This *Practical Guide to Funerals* has been written to help guide you through the steps that need to be taken when a death occurs.

At Fry Bros, we believe that each life lived is unique and should be valued. The funeral should be a reflection of this. It is an opportunity for family and friends to support one another and express their love and respect for the deceased. At Fry Bros, we support and listen to families to provide a service that is both meaningful and positive.

Tony, Margaret, Campbell, Annabelle, Dominique, Genevieve and the Fry Bros Team



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OUR HISTORY

Established in 1889, Fry Bros is the oldest established funeral company in the Newcastle and Hunter Region that is still owned and managed by direct descendants of the original family - a six generation involvement! Fry Bros continues to be the trusted local name in funeral care, helping families plan personalised farewells.

HENRY FRY 1827 ~ 1894

Henry Fry immigrated with his family from Kent, England in 1862 on the sailing ship Troboolgum. The family settled in Paterson, NSW.

Henry Fry possessed exceptional carpentry skills and supplied horse drawn vehicles to the developing region. This led to the development of a successful coach business, Fry & Co's Coaches in the late 1860's.

Fry's Coaches conveyed passengers and the Royal Mail throughout the Maitland, Paterson and Dungog areas until the North Coast rail line was completed through Dungog in 1911. Henry's sons, Richard and Harry Fry, established Fry Bros in 1889. They utilised horses and the blacksmith's shop of their father.



Henry Fry

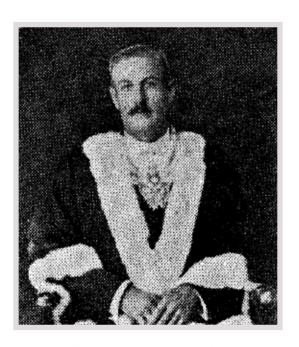
The two brothers complemented the funeral business by producing and supplying fine furniture throughout the Hunter.

RICHARD FRY 1860 ~ 1944

Richard, born in Sussex, England in 1860, was a cabinetmaker of note, serving an apprenticeship to cabinetmaker, Mr WA Norman in Maitland.

HARRY FRY 1868 ~ 1944

Born at Paterson in 1868, Harry was very much involved in local government for many years, including 4 separate terms as Mayor of Maitland. Harry took over sole management of the business in 1924.



MAYOR OF WEST MAITLAND ALD, W. H. FRY

Harry Fry

HENRY HERBERT (BERT) FRY 1901 ~ 1976

Bert Fry was the eldest son of Harry & Mary Fry. He became the CEO of Fry Bros in 1944, upon his father's death.

During Bert's time as manager, the Fry Furniture Factory continued to create and supply quality furniture throughout the Hunter region. Cedar was the timber of choice. Early pieces are now keenly sought after by collectors.

The furniture showrooms were in High Street and Bourke Street, Maitland, with the laneway behind the shop appropriately named "Coffin Lane".



Lindsay Fry

LINDSAY FRY 1931 ~ 2013

Bert's son, Lindsay Fry, began managing Fry Bros Funerals in the 1960's. Under Lindsay's leadership, with the support of his wife Mary, the company continued to expand with premises opening in Maitland (Campbells Hill), East Maitland and Raymond Terrace.

Lindsay's brother, Stewart, continued to manage the Fry Furniture Factory on the same premises, off Coffin Lane, Maitland until its closure in the early 1980's.



Tony and Margaret Fry

TONY AND MARGARET FRY

Lindsay's son, Tony Fry, commenced working in the family business in 1990. Tony met his wife Margaret at The Maitland Hospital, where they both nursed. Tony & Margaret continue to work alongside each other at Fry Bros.



Campbell Fry

CAMPBELL FRY

Campbell (brother of Tony) joined the Fry Bros team in Maitland after many years teaching music in London. Compassionate and genuine, Campbell provides advice and support during your time of need.



Genevieve, Annabelle and Dominique Fry

GENEVIEVE, ANNABELLE AND DOMINIQUE FRY

Meet the 6th Generation of Fry Bros.

Three of Tony and Margaret's daughters: Annabelle, Dominique and Genevieve, are deeply involved in the family business. Continuing the Fry Bros tradition and working closely with local families.

PLANNING A FUNERAL THAT HAS MEANING

A funeral is an opportunity for family and friends to express their love and respect for the deceased and to offer support to one another.

It is important that the funeral is an appropriate tribute to your loved one. Fry Bros are here to help you through the many aspects of arranging a funeral. We will listen to you, offer suggestions, and facilitate the service as per your wishes.

Together, we will create a beautiful tribute that is a meaningful foundation to grieving family and friends to move forward.

THE DEATH OF A LOVED ONE

Whether the passing of a loved one is expected or not, losing someone close to us can suddenly place us in a space we never imagined.

Fry Bros is here to help and guide you through the initial steps that occur following the loss of a loved one.

Once it has been established that a death has occurred, a doctor will need to verify the death. They will issue a certificate known as a Medical Certificate Cause of Death.

A nurse, family doctor, relative or family friend may contact Fry Bros to notify us of the death. We will then arrange to bring your loved one into our care.

BEFORE YOU MEET WITH OUR TEAM

There is no need to rush to meet with us to discuss funeral arrangements. It is important to take this time to absorb the enormity of your loved one's passing and to be with and support one another in your loss. A quick call to inform us of your loved one's passing and we will be able to answer any initial questions you may have.

Fry Bros—here to help you every step of the way.

Before you meet with us we encourage you to read through the following chapters of this book with your family and consider aspects that are important to you and your loved one. This is also a time to establish if your loved one had a funeral plan or prepaid plan that documents their thoughts and wishes.

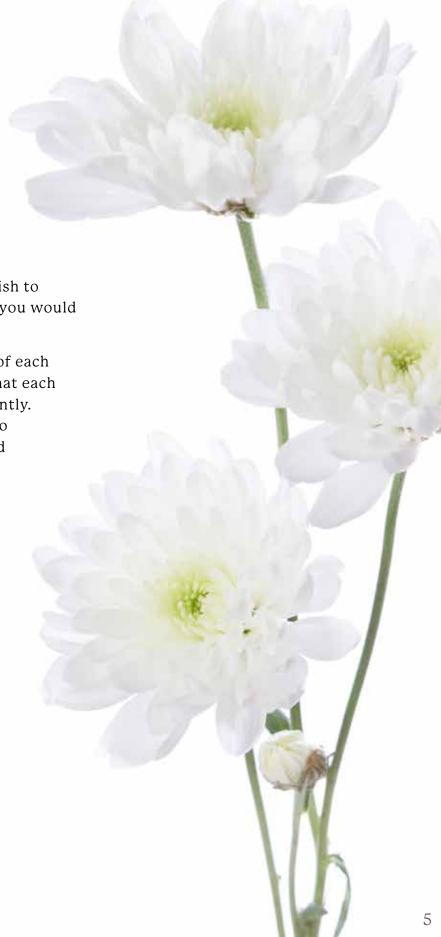
DURING THE INITIAL MEETING

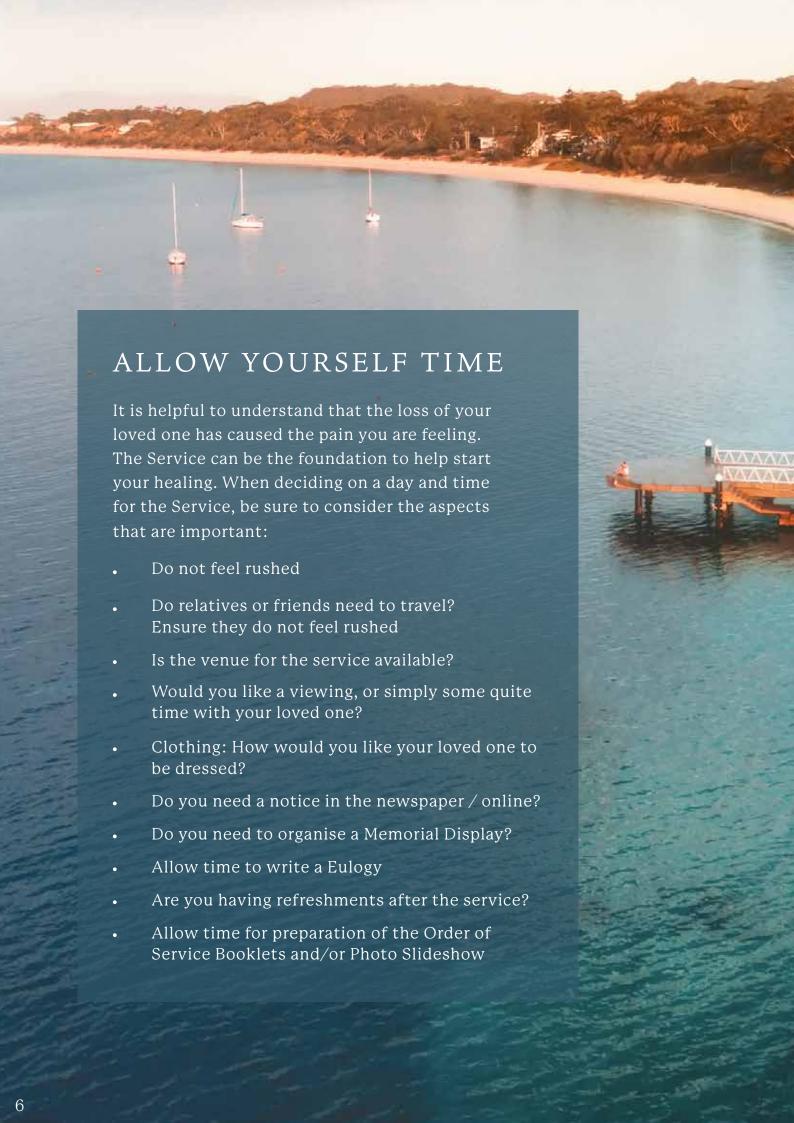
The initial meeting with your Arranger usually takes 1 to 2 hours. We will ask details about your loved one such as their date of birth, details of any marriages, their occupation and details of their children and parents. This information is required for the Registry of Births, Deaths & Marriages.

Your Arranger will also ask about the type of service you wish to have, and any personal tributes you would like to include.

It is important to be respectful of each other's needs and understand that each person experiences grief differently. You may find yourself needing to balance the wishes of your loved one with those of the family. It is okay to put the needs of your family first. Look towards fulfilling the essence of your loved one's wishes, rather than each specific detail.

Involving family members, including children, in the planning of a loved one's funeral can help them to feel a valued part of the Service and can also aid in their grieving process.





BURIAL OR CREMATION?

The decision between burial or cremation is a personal one. Factors that may influence your decision are cost, religious or cultural traditions, and family beliefs. In either case, the wishes of the deceased should be considered if they are known.

CONSIDERATIONS WHEN CHOOSING A BURIAL

- The funeral or memorial service may be held in a church, chapel, graveside, or other suitable venue of your choice.
- Burial is generally more expensive due to the cost of purchasing the plot, headstone and other monumental stonemason work.
- Many cemeteries have options of a lawn section, or monumental section.
- A burial plot may be pre-purchased. You may wish to take this opportunity to purchase additional adjoining plots, so that family members may be buried alongside one another in the future.

CONSIDERATIONS WHEN CHOOSING A CREMATION

- The funeral or memorial service may be held in a church, chapel, or other suitable venue of your choice.
- The ashes may be placed in an urn and kept, scattered at a location with special significance, buried or placed in a columbarium at a Memorial Park or Cemetery.
- Cremation is often a more economical option.
- A cremation cannot take place if the deceased has left written directions to the contrary.

CHOOSING AN APPROPRIATE VENUE

Fry Bros can assist in all styles of memorial services; from traditional church and chapel services, to modern celebrations of life held in a location of special significance, such as a favourite park, private garden, or home.

WHEN CONSIDERING THE VENUE:

- How many people are you expecting to attend the Service? Is the venue large enough to accommodate everyone, or is it too large?
- Is there adequate seating?
- Do you require special facilities, such as multimedia for presenting visual and audio content, or recording equipment to share the service with loved ones who cannot attend in person?
- Do you need disabled access?
- Are there any time restrictions at the venue?
- Do you require the ability to livestream the service? Fry Bros can bring the required specialist equipment, to most venues.

SOME OPTIONS INCLUDE:

- A church or other place of worship
- A chapel
- Graveside service
- A garden setting or family property
- Parkland
- A function centre or community hall





FRY BROS CHAPELS

Fry Bros has three chapels conveniently located in East Maitland, Maitland and Raymond Terrace. Each chapel has been individually styled to create a comfortable and inviting space for families to gather.

Each of our locations include state of the art facilities, enabling us to deliver exceptional standards of care to families across the greater Newcastle, Hunter Valley and Port Stephens region.

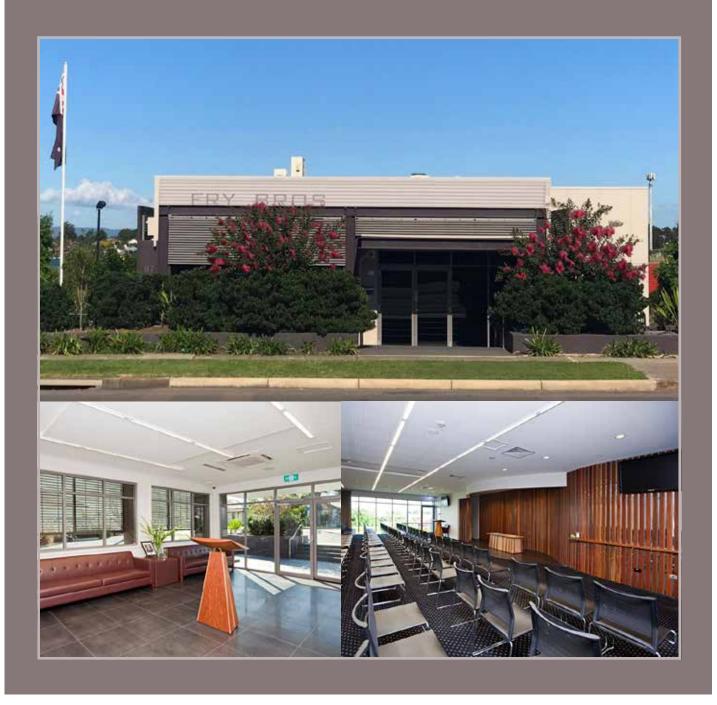
EAST MAITLAND

- Located at 48 Banks St, East Maitland
- Non-denominational, air-conditioned chapel with seating for approximately 60 people
- Includes AV facilities for slideshows and music
- Original stained glass windows in chapel



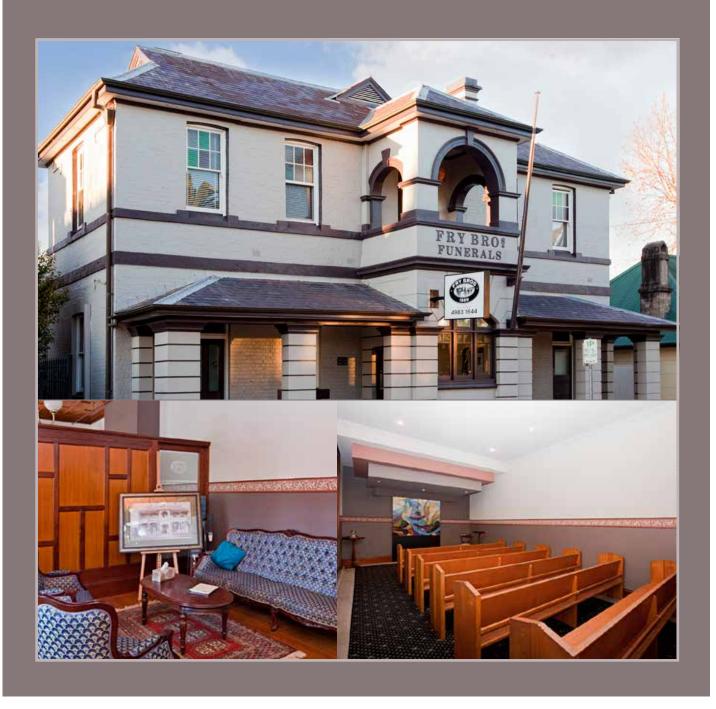
MAITLAND

- Located at 97 New England Hwy, Maitland (Rutherford)
- Purpose-built, non-denominational, modern styled chapel with air conditioning and seating for approximately 120 people
- Includes 2 LCD screens for photo slideshow presentations and reflection music
- Welcoming reception foyer suitable for pre-service gathering and chapel overflow
- Service livestreaming technologies available as standard
- On-site parking



RAYMOND TERRACE

- Located at 61 Port Stephens St, Raymond Terrace
- Non-denominational, air-conditioned chapel with seating for approximately 40 people
- Historic building, centrally located, with a warm and inviting reception foyer for pre-service gathering and chapel overflow
- Includes AV facilities for slideshows and music
- Function room available for after service refreshments



SERVICE OPTIONS

The style of Service should reflect the memory of the person who died. There are a variety of options, with no one 'correct' way of farewelling a loved one.

To help with your planning, here are a few options to consider:

SERVICE FOLLOWED BY COMMITTAL

A service held in a church, chapel or venue of your choice, followed by a full cortege to the crematorium or place of burial, where the committal will take place.

PRIVATE SERVICE

A service held in a church, chapel or venue of your choice, followed by a private cortege to the crematorium or place of burial, where only the immediate family is present to witness the committal.

• SERVICE IN ONE LOCATION

The entire service, including the committal, is held in a church, chapel or venue of your choice. At the conclusion of the service, the coffin or casket is farewelled from the church or chapel, and Fry Bros will privately convey your loved one to the cemetery or crematorium.

• GRAVESIDE SERVICE

The entire service, including the committal, is held at the graveside.

. THANKSGIVING SERVICE

A thanksgiving service is held in a church, chapel or venue of your choice. No coffin or casket is present at the service. This style of service usually occurs after a private burial or cremation. The service can be incorporated with the scattering of ashes.

"Grief, I've learned, is really love. It's all the love you want to give, but cannot.

All that unspent love gathers up in the corners of your eyes, the lump in your throat, and in that hollow part of your chest.

Grief is just love with no place to go."

JAMIE ANDERSON



A GUIDE TO WRITING A EULOGY

The Eulogy, or Life Story, commemorates and celebrates the life of your loved one.

It is possible for anyone to deliver the Eulogy: a family member, friend, celebrant or clergy, however it is more personal when it is delivered by someone who has known and loved the deceased. The Eulogy may even be shared, with several people contributing words of remembrance.

It can include details such as when and where your loved one was born, where they grew up, funny or interesting stories, as well as any of their hobbies and passions. It can include a recollection of personal memories, or precise details covering areas such as their childhood, adulthood, occupation, sporting or academic achievements, memorable holidays, nicknames, or military service.

The Eulogy doesn't need to be lengthy. A 3 - 5 minute duration is usually ample. Writing from the heart, and expressing what means most to you about your loved one, is often a good place to start.

Be sure to tell those gathered who you are and your relationship to the deceased. Rehearse the Eulogy before the Service, and have a stand-by reader ready in case you're not emotionally able to read it on the day.

Try to relax. Everyone at the service is there to support you and will respect your efforts for having written and presented the Eulogy.

Breathing exercises can help settle your nerves. Take a few long deep breaths through your nose. Hold your breath for a count of three, and then exhale slowly.

HINTS FOR WRITING AND DELIVERING THE EULOGY

- Write as though you are talking to a friend, for this is what you will be doing - talking to a loving, supportive group of friends.
- The Eulogy doesn't have to be formal or serious in tone. Humour can be used where appropriate. Remember that the Eulogy is a celebration and reflection of your loved one and the life you've shared.
- Prepare your speech on a computer if possible so that you can edit it as you go.
- You may wish to include a special quote or verse to open or close your speech. Favourite poetry, songs, bible verses or historical speeches can provide inspiration.
- Once you have completed your first draft, ask a trusted friend or family member to read it over and suggest improvements.
- When you are happy with your speech, type or write it out in large print with spaces between the lines. This will make it easier for you to read out on the day.
- Arrange for a backup speaker, perhaps the celebrant, to be on hand just in case you have difficulty delivering the speech. Simply knowing they are there supporting you, may give you the strength you need to get through.
- If you do feel yourself becoming overwhelmed with emotion, pause and take a deep breath. The people gathered will understand and admire your efforts.

ENHANCING THE SERVICE OF YOUR LOVED ONE

PERSONAL TRIBUTES

At Fry Bros, we understand that personalised tributes can compliment and enhance the service of your loved one.

Tributes can provide meaning, where sometimes words are not enough. They allow families to come together as they grieve and can provide a lasting impression to honour the person they have lost.



FLORAL TRIBUTES

Floral tributes are a personal and beautiful way to honour your loved one. Your Funeral Arranger can help you select flowers and colours that hold special meaning for your loved one, or flowers that express your love.

All arrangements are personally created and individually tailored to your needs.

As well as full covers or a tie of flowers for the coffin, our florist can arrange pedestal arrangements for the Service venue, as well as single flowers and baskets of flower petals.

BOOKMARKS & THANK YOU MEMORIAL CARDS

You may wish to consider having Bookmarks or Memorial Cards in addition to, or instead of having Order of Service Booklets prepared. The bookmarks could be handed out at the Service, or at the after service refreshments. Thank you cards provide a personalised way to send a thoughtful message to those you wish to thank.

MEMORIAL DISPLAY

A Memorial Display is an opportunity to present your loved ones favourite photos and special items. You may choose to have these displayed at the viewing, during the service, or afterwards at the after service refreshments.

ORDER OF SERVICE BOOKLETS

A Service Booklet, also known as an Order of Service or Program, is a booklet outlining the proceedings of the Service and often becomes a cherished keepsake for friends and family members to take home.

The Order of Service Booklet can be very simple, or detailed. The team at Fry Bros personalise each Order of Service Booklet to be a reflection of your loved one.

The Service Booklets are custom designed using special themes, colours, hobbies and interests that were important to the deceased.

The Order of Service Booklet is planned together with the family and the Celebrant or Minster conducting the Service. It provides an opportunity for you to include photos of your loved one, along with special poems, quotes, thank you messages, and an invitation to the after-service refreshments.

THE SERVICE BOOKLET CAN BE PERSONALISED BY INCLUDING:

- Photos these could be recent or from younger years, or a combination of both, such as a wedding photo, treasured family photo, or with a much loved family pet
- The words of songs or hymns to be sung during the Service
- Anecdotes or a quote that your loved one used to say
- A meaningful poem or passage of scripture
- A photograph of a favourite place, the family home or significant image that may be used as a watermark

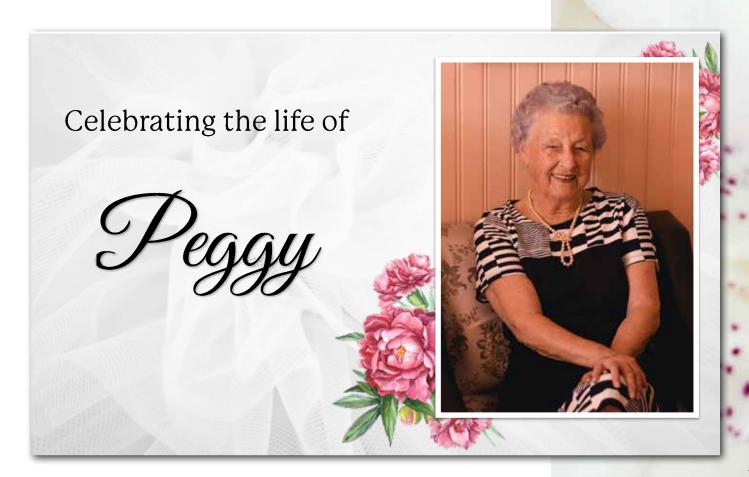
 Celebrating the line of the line

'LIFE IN PICTURES' PHOTO SLIDESHOW

Photos play an important role, capturing those special life events, family milestones and happy times. A life in pictures slideshow can help families celebrate the life of their loved one. These presentations are welcome at most venues and can be played during the Service or at the after service refreshment venue. We offer a range of services for the integration of multimedia at funerals.

Putting together a slideshow can help family members to feel a part of the Service and can also aid in the grieving process.

If you would like to include a Life in Pictures Slideshow within the Service, please speak with your Arranger. They can assist you with the technical details.



RECORDING AND LIVESTREAMING SERVICE

An audio visual recording of your loved one's Service can be organised in most venues. Additionally, it can be livestreamed and viewed privately by those unable to attend.

The digital recording can be saved to a USB and is a beautiful keepsake for your family. Please speak with your Arranger about a professional videographer and other technology options.

MEMORIAL TREE

A Memorial Tree can be made available at your loved one's Service. Attendees are invited to share special memories or write messages on cards and then hang them on the Memorial Tree. After the Service, these cards are given to the family as a special keepsake.

SOLOIST / MUSICIAN

You may have a family member or close friend willing to participate by providing live music either before or during the Service. Alternatively, Fry Bros works with several talented musicians. Having a musician involved in the Service can help hit just the right note, where words alone cannot.

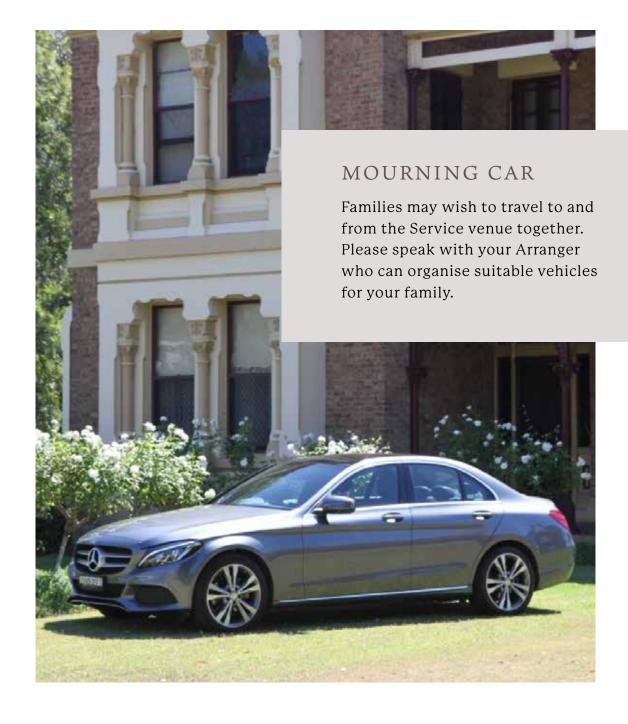
BAGPIPER

A bagpiper playing at a Service is an especially fitting tribute for a loved one with strong Celtic ties. Pipers attend the Service in full Scottish regalia.

If you wish to include a piper within the Service, please speak with your Arranger, who will be happy to organise this on your behalf.

DOVE RELEASE

Dove releases are available all year round, and can be organised through your Arranger. Instructions are given by the Dove Handler for families wishing to hand release the doves.



AFTER SERVICE REFRESHMENTS

Bringing family and friends together at times of celebration and loss is a natural, and sometimes expected social practice.

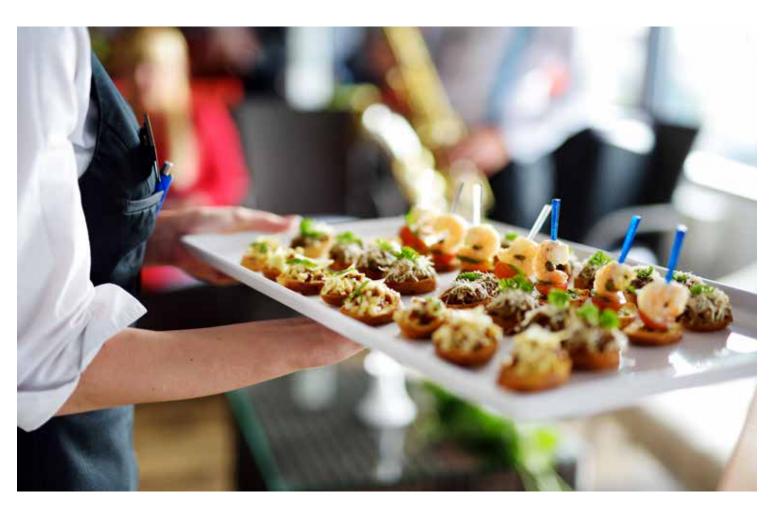
After the Service you may wish to continue honouring your loved one in a more relaxed atmosphere where stories and memories can be freely shared and expressed. This could be in a public venue, function room, or at a private residence.

There are many options within the local area, such as RSL/Bowling Clubs, Sports & Recreation Clubs, cafes, restaurants and function centres. There are many halls and community centres operated by local councils that can also be hired.

Some Churches have private facilities where you can gather. Enquiries can be made with the Minister or Bereavement Team.

Some catering companies can also assist with at-home catering or within a public space.

Ask us for suggestions.



COPING WITH GRIEF

The death of a loved one evokes emotions that touch the very core of our being. The mystery of death, the fear of the unknown, the sadness of losing a soul mate, a close friend or relative often leaves us feeling confused, angry and alone. Perhaps it is a time when questions about the purpose of our own being are foremost in our minds.

When people lose someone very close to them or with whom they have shared a lifetime, it is often difficult to believe that it's really happened. There can be a wide range of intense feelings that follow. The sadness and emptiness can be overwhelming; people are often surprised when they feel angry or guilty, but many of these emotions are normal.

At some point, we each experience loss ourselves or are close to someone who does. Grief is not only caused by the death of a loved one, but can also be experienced through events such as retrenchment, separation or divorce, sudden or increasing disability, loss of a pet, or separation from home, family members or friends.

Often, we do not know what to say to the grieving person. This can cause us to shy away from saying or doing anything. When people are helpful and supportive, they enhance the healing process, bringing purpose and pleasure back into life.

An understanding pat on the shoulder, a handshake or a hug can say more than words and will often be remembered as a source of great comfort and strength by those that are grieving.

GIVE PERMISSION

If people are allowed to express and show their feelings, then they can start to deal with them. Crying is a natural and healthy process in times of grief. This may be what they need to release their hurt—tears of grief are in fact tears of healing.

LISTEN

A bereaved person often needs the support of someone who is willing to listen without judgement or advice; they need someone to listen and let them talk. They need to know that they will be accepted and loved without the expectations of others being imposed upon them.

They may get upset when talking of their loss, but it is important to know that it is not you that is upsetting them—it is the loss that is upsetting.

TIME

Time can help people adjust to their new circumstances. Usually the loss can never be replaced, and the wound may never be completely healed. Eventually though, people can reach a point when they can finally go for an hour, a day, a week, or longer without the pain that the absence and emptiness brings.

BE HONEST AND OPEN

If you feel helpless, it is appropriate to say so. Being honest helps others to be honest as well. It is appropriate for you to say that something is sad if that is how you feel. However be mindful not to dwell on your own feelings or impose your own reactions and expectations on another grieving person, as this is not helpful to them.

CHILDREN

When standing by children and young people in times of grief, understand that their grief is as real as that of adults. Treat their questions and their feelings honestly, seriously and sensitively. Allow them to benefit from the reality of going to the viewing and funeral, participating in the sadness and thanksgiving. Like adults, they feel grief too.

DEALING WITH YOUR OWN GRIEF

Surround yourself with things that are alive; enjoy your garden, take in a stray kitten, talk to young children; or take up a new sport. You may benefit from reaffirming your faith either in religion, spirituality or other ideals that you may hold close. Remember to pamper yourself with a little treat—this will work wonders for your morale! Grief is a different journey for everyone; there is no right or wrong.

PLANNING AHEAD

Many of us may feel overwhelmed at the thought of our own mortality and the idea of arranging our own farewell. By planning ahead now, you will be taking some of the logistical and financial stress from your family whilst ensuring that you have the service that you would like. For example, you can ensure the music you like is played and the flowers you enjoy are part of the service.

MAKE A WILL

A Will is a legal document, which enables you to exercise your right to select those relatives and friends who will inherit the assets you have acquired during your lifetime.

When making a Will the choice of an executor is vital. It is advisable to choose someone who will act independently and without bias in the interests of the beneficiaries.

It is often the case that a relative or friend is nominated as the executor but, due to the complexities of the role in today's legal minefield, many are choosing to appoint a legal representative.

Your Will should be reviewed whenever there is a change in circumstances, or at least every five years to ensure it accords with your current wishes.

Marriage automatically revokes a Will (unless it was prepared in contemplation of marriage). Divorce does not revoke a Will, although some rights of the former spouse under the Will generally lapse.

The following funeral requests and requirements can be specified in the Will: choice of Funeral Director; church or religious affiliation; wishes as to burial or cremation; the venue for the funeral service; details of cemetery plots, whether family owned or yet to be purchased; memorial instructions and niche for placement of ashes.

Your Will should be kept in a safe place, made known to your next of kin or legal representative.

CHOOSING BETWEEN BURIAL OR CREMATION?

It's important to let your family know your wishes as to whether you want to be buried or cremated. This can be written in your Will, or in a letter to your family. It's important that they know your intentions to avoid any unnecessary stress at the time of need. In fact this will be one of the questions that the attending doctor and funeral director will ask at the time of your passing.

If you choose burial, you may wish to pre-purchase a burial plot in a cemetery, or let your family know where you would like to be buried. It may also be a good time to decide whether you would like to pre-purchase additional plots so other family members may be buried next to you.

If you choose cremation, talk with your family about your preferences for the placement of the ashes. Options include burial, scattering, or placing in an urn or columbarium.



PLANNING WITH FRY BROS

When you pre-plan your funeral with Fry Bros, we will meet with you to document your wishes and instructions. We will also help you with all arrangements, including the pre-purchase of burial plot(s), choosing a coffin, the style of service you would like and any tributes you would like to include. We can also document details such as who you would like as your pallbearers, as well as the readings, poems, songs or hymns you'd like.

Below are some of the ways Fry Bros can help you plan ahead:

PRE-ARRANGED FUNERAL

This is the first step towards formally documenting your funeral wishes and your family details.

There is no financial commitment and it is not a binding contract. Rather it is a guide as to how you want to be remembered and notifies those closest to you of your wishes.

This simple step allows peace of mind for your family when the time comes.

A copy of your pre-arranged funeral plan will be kept safe with Fry Bros.

PREPAID FUNERAL PLAN

This is a written contract which details the arrangements you would like for your funeral service.

In order to pre-pay your funeral, you will need to decide what your wishes are. Fry Bros will then provide you with an estimate and formally document the Prepaid Funeral Contract. This is when monies are exchanged and your Prepaid Funeral Plan is in place.

The advantage of a prepaid funeral plan is that fees charged by Fry Bros will remain unaffected. Costs incurred by our partners, for example florists, may be affected by inflation.

Prepaid funerals and funeral bonds are not considered an asset with Centrelink.

FUNERAL BOND

A Funeral Bond allows you to put money aside to help cover the cost of your funeral. It is not an itemised contract but rather a 'lump sum' to be used to cover your funeral costs.

You can invest as little as \$25 per month and stop at any time. When the time comes to access the Funeral Bond, an invoice for your funeral is written as per your wishes/family instructions and the difference is then reimbursed or invoiced to your estate.

There are limits on the maximum amount of money that can be invested in a Funeral Bond. Please contact Fry Bros for further details.

FUNERAL COSTS

The cost of a funeral varies and depends on the requests made by the family and the quality and style of items selected.

An estimate of funeral charges and disbursements will be provided to you by your Arranger once the family's instructions have been given.

The matter of cost should be discussed openly and honestly with your Arranger. Various options can be considered. For example, you may be eligible for benefits from various community services; the deceased may have made provisions in their Will; or may be eligible to access Superannuation or financial assistance from Government agencies.

Your Arranger can provide you with the appropriate information and contact the relevant parties regarding your eligibility for assistance.

An Account is usually in two sections:

FRY BROS CHARGES

These fees cover professional expertise in assisting families. It includes overheads necessary to serve the public in a professional manner and the provision of infrastructure required to provide these services.

DISBURSEMENTS

Disbursements represent any payment made by Fry Bros on behalf of the family, such as payments made to the florist, celebrant or minister, organist, newspaper, and the like.



FREQUENTLY ASKED QUESTIONS

Why have a funeral?

Having a funeral service can be very important in the grieving process. A funeral can be exactly what you want it to be: from a few words shared among your closest family and friends, to public gatherings in churches, chapels or other suitable venues.

A funeral allows us time to stop and think about the person who has passed. It brings mourners together to support and encourage one another through the initial grief, and helps us move forward.

Is a burial more expensive than cremation?

Usually the cost of purchasing a burial plot, the interment fee, grave digging and a memorial plaque or headstone is more expensive than a cremation. Costs vary for each cemetery or crematorium.

Should you have a viewing?

Viewing a loved one after death may be beneficial for the family. As well as allowing a personal last goodbye, the viewing helps attendees accept the reality of their loss.

A viewing is encouraged for children. Many grief specialists believe that attending a viewing dramatically aids in the long term grief process, particularly when the death is unexpected.

"Many grief specialists believe that attending a viewing dramatically aids in the long term grief process, particularly when the death is unexpected."

Should our children attend the funeral?

This is a decision that rests with the parents. Children do experience grief and should be encouraged to express their emotions.

When children are given the opportunity to attend the funeral of someone they loved and cared about, it may assist them with the finality of death in their own minds. If a child expresses a wish to attend the funeral, that wish should be encouraged.

Life education courses are often part of the school curriculum and provide an honest and open forum where death and its processes may be discussed. Some children seem to cope with grief better than many adults – but each individual, child and adult, will react differently.

What happens to the coffin after the service when being cremated?

The coffin is taken into the committal room where the nameplate of the coffin is removed and checked with the cremation order to ensure correct identity before the coffin is placed in the cremator. The nameplate remains outside the cremator until the cremation is complete to assist with identification of the cremated remains.

What happens to the cremated remains?

Some people request that their cremated remains be placed or scattered at a location that holds special significance to them. Perhaps a rose garden, niche, or in the ocean. If no specific instructions have been left, your Arranger can make suggestions. Sometimes it is best to wait until the right place is found. How and where the remains are distributed is a personal choice for the family.

IMPORTANT DOCUMENTS CHECKLIST

The following important documents should be stored in a safe place. You need to advise your next of kin or a trusted friend how to find these documents: Will - It is advisable to keep your Will with your solicitor Birth and Marriage Certificates Property Deeds Lease Agreements Taxation Records – It is advisable to keep copies of the last five years returns and assessments Insurance Policies Life Insurance Policies Superannuation Policies Documents for other Assets (Shares, Debentures etc) Financial Records - These provide information to your Executor about where your money is held Pre-Paid Funeral Contract or Bond

MORE INFORMATION

If you require more information, or wish to talk to us about arranging a funeral for a loved one, or your own pre-arranged funeral, please contact us:

Ph: 4933 6155

48 Banks Street, East Maitland
61 Port Stephens Street, Raymond Terrace
97 New England Highway, Maitland
www.frybros.com.au



02 4933 6155 www.frybros.com.au